



The Arlington Food Assistance Center (AFAC) provides 2,200 Arlington families and individuals dignified access to nutritious, supplemental groceries — free of charge.

The best food donations are healthy (low-fat, low-sugar, low-sodium), but also meet the needs of the multicultural communities — Bolivians, Ethiopians, Russians, and more — that come to AFAC for supplemental groceries.

OUR MOST NEEDED ITEMS ARE:

- Low Sodium Canned Soups
- Low Sodium Canned Tuna
- Low Sodium Canned Beans
- Low Sodium Canned Tomato (diced, tomato, and sauce)
- Low Sugar Cereal

No Glass Please!



Thank you so much for your support! Learn more at www.afac.org
Text to give! Send message: <AFAC> <donation amount> <your name> to 41444