

GMS SEL Lessons Calendar

2022 - 2023

September	Staff	
Growing Greatness @ Gunston	School Counselors	
Lesson: Meet the School Counselors	School Counselors	
October	Staff	
Growing a Peaceful Garden		
Lesson: THE POWER OF WORDS		
1. Wednesday, Oct. 12: National Stop Bullying Day - WEAR BLUE	ELA Teachers	
2. Wednesday, Oct. 19: Unity Activity - WEAR ORANGE		
3. Monday, Oct. 17 - Thursday, Oct. 20		
November	Staff	
Growing Greatness through Gratitude		
Lesson: Growing Gratitude Lesson		
Monthly Activities:	TA Teachers	
STUDENT GRATITUDE CALENDAR.pdf	All School	
TEACHER GRATITUDE CALENDAR.pdf		
December	Staff	
Cultivating Kindness	TA Tarabana	
	TA Teachers	

January	Staff	
Glows & Grows SBG Self-Reflection	TA Teachers	
Lesson: Glows & Grows Self-Reflection		
Link to Lesson: GLOWS & GROWS QUARTERLY REFLECTION.pptx		
SEL Activities: GLOWS & GROWS SELF-REFLECTION CALENDAR		
EXIT TICKET: GLOWS & GROWS EXIT TICKET		
February - March	Staff	
Growing Resilience	TA Teacher	
Lesson: Growing Resiliency	IA Teacher	
When: Wednesday, February 8 - BONDING DAY - SEL block		
Activities will be completed WEEKLY in each subject for approximately 7 weeks.		
Link to Intro Lesson: GROWING RESILIENCE LESSON.pdf GROWING RESILIENCE EXIT TICKET	All Teachers in Each Subject +	
ELA: COPING - English - Week of 2/21/23 Science: SELF-CONTROL - SCIENCE (6th) 3/8/23 RESILIENT COUSINS 1.pptx (8th)	SEL Lead	
Civics & Economics: CONTRIBUTION - Social Studies SEL Lesson_Spanish Immersion.pptx (7th)		

		Daailia	aaa Waaldh	Dlamar	
		Resiliei	nce Weekly	Planner	
	Week of	Subject	Resiliency Skill	Activity	
	2/13	English	Coping	Journal Activity	
	2/20	Science	Control	Resiliency Periodic Table Element	
	2/27	Social Studies	Contribution	Resilient Heroes in History	
	3/6	Health/PE	Competence	Going Above and Beyond	
	3/13	Elective, Reading, Language	Character	Being okay with saying "No"	
	3/20	Math	Confidence	Growing Your Mindset	
	3/27	Elective, Reading, Language	Connection	Growing Your Mindset Staying Connected	
L				S	
April					Staff
	Theme: Self-Efficacy				
		The	eme: Self-E	Efficacy	TA Teach
		The	eme: Self-E	Efficacy	TA Teache
		The	eme: Self-E	Efficacy	TA Teache
			May		Staff