



GMS SEL Lessons Calendar

2022 - 2023

September	Staff
<p align="center">Growing Greatness @ Gunston</p> <p>Lesson: Meet the School Counselors</p>	<p align="center">School Counselors</p>
October	Staff
<p align="center">Growing a Peaceful Garden</p> <p>Lesson: THE POWER OF WORDS</p> <ol style="list-style-type: none"> 1. Wednesday, Oct. 12: National Stop Bullying Day - WEAR BLUE 2. Wednesday, Oct. 19: Unity Activity - WEAR ORANGE 3. Monday, Oct. 17 - Thursday, Oct. 20 	<p align="center">ELA Teachers</p>
November	Staff
<p align="center">Growing Greatness through Gratitude</p> <p>Lesson: Growing Gratitude Lesson</p> <p>Monthly Activities:</p> <p>STUDENT GRATITUDE CALENDAR.pdf</p> <p>TEACHER GRATITUDE CALENDAR.pdf</p>	<p align="center">TA Teachers</p> <p align="center">All School</p>
December	Staff
<p align="center">Cultivating Kindness</p> <p>Lesson: CULTIVATING KINDNESS</p> <p>GUNSTON KINDNESS SEL PLAYBOOK</p>	<p align="center">TA Teachers</p>

Resiliency Planning Calendar:

Resilience Weekly Planner

Week of	Subject	Resiliency Skill	Activity
2/13	English	Coping	Journal Activity
2/20	Science	Control	Resiliency Periodic Table Element
2/27	Social Studies	Contribution	Resilient Heroes in History
3/6	Health/PE	Competence	Going Above and Beyond
3/13	Elective, Reading, Language	Character	Being okay with saying "No"
3/20	Math	Confidence	Growing Your Mindset
3/27	Elective, Reading, Language	Connection	Staying Connected

April

Staff

Theme: Self-Efficacy

TA Teacher

May

Staff

Theme: Stress-Less Month

TA Teacher

June

Staff

Theme: Diversity & Acceptance for PRIDE month

TA Teacher