## MIDDLE SCHOOL ULTIMATE SCHEDULE

Practice Starting Date: September 11, 2023 | Game Time - 3:00 pm \*

## Boys Practice Starts September 11, 2023 Girls Practice Starts October 5, 2023

Boys Season	Girls Season	Games
Monday September 18	Monday October 16	Kenmore @ Williamsburg
		D. Hamm @ Swanson
		Jefferson @ Gunston
Wednesday September 20	Wednesday October 18	Gunston @ Kenmore
		Swanson @ Jefferson
		Williamsburg @ D. Hamm
Wednesday September 27	Monday October 23	D Hamm @ Kenmore
		Swanson @ Gunston
		Williamsburg @ Jefferson
Monday October 2	Wednesday October 25	D. Hamm @ Gunston
		Jefferson @ Kenmore
		Swanson @ Williamsburg
Wednesday October 4	Monday October 30	Gunston @ Williamsburg
		Jefferson @ D Hamm
		Kenmore @ Swanson

<sup>\*</sup>All games start after each team has at least a 10-minute warm-up and as close to 3:00 as possible.

<sup>\*</sup>Practice is twice a week for all schools - No Friday practices or games

**SCHEDULES ARE SUBJECT TO CHANGE – CHECK SCHOOL'S WEBSITE TO CONFIRM DAY, TIME & LOCATION.**